**Healthy Habits Activity Log; Week of**

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| Day | See the source imageI was active for at least 30 minutes! | I ate at least one serving of fruit and vegetables!See the source image | http://www.clipartbest.com/cliparts/aiq/okk/aiqokknAT.pngI read for at least 30 minutes! |
| Monday |[ ] [ ] [ ]
| Tuesday |[ ] [ ] [ ]
| Wednesday |[ ] [ ] [ ]
| Thursday |[ ] [ ] [ ]
| Friday |[ ] [ ] [ ]